



# Mukwonago Area Power Option Camp



July 23<sup>rd</sup>, 24<sup>th</sup>, and 25<sup>th</sup>  
Thursday, Friday, Saturday

**“The quality of a person’s life is in direct proportion to their commitment to excellence, regardless of their chosen field or endeavor”  
Vincent T. Lombardi**

### THE FORMAT

Each player will be instructed in both an offensive and defensive position with other players of comparable age.

ADDED FEATURE: A “Kicker’s Camp”

from 11:30 am to 12:30 pm, Thursday and Friday, will stress the basic instruction on place-kicking and punting for all ages at no additional cost.

### WHAT

A three day football camp with “No Helmets and No Shoulder Pads” to teach Fundamentals and techniques basic to the game of football, and relative to the “Power Option” Offense and “50 Eagle” Defense.

### FOR WHOM

Incoming 2009-10 students in 5<sup>th</sup> through 12<sup>th</sup> grades from Mukwonago or any other community or school district.

### THE COACHES

Mukwonago High School coaches, Mukwonago Braves coaches, guest coaches, and former Mukwonago players from the collegiate playing ranks.

### COST

\$50.00 fee for all campers  
(T-shirts will be given to all enrollees)

**Note:** If any athlete wants to attend “only” the kicker’s session from 11:30 am to 12:30 pm (Thurs. & Fri.) The cost will be \$20.00

### TO REGISTER

Fill out registration portion of this flyer and mail check  
Made Payable to: Mukwonago Braves

Mail to:

Mike Hein

S98 W36993 Juniper Lane  
Eagle, WI 53119

### WHEN

Thursday, Friday, and Saturday  
July 23<sup>rd</sup>, 24<sup>th</sup>, and 25<sup>th</sup>  
Incoming 5<sup>th</sup> to 8<sup>th</sup> grade 8:30-11:15a  
Incoming 9<sup>th</sup> to 12<sup>th</sup> grade 1:00-3:45p  
Kickers (all ages) 11:30-12:30p  
Thursday & Friday only.

### WHERE

The Mukwonago High School football practice fields  
(Southwest of high school)

NOTE: First day meetings will be held in the Mukwonago High School South gym.

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## Registration Form

Name: \_\_\_\_\_

2009-10 Grade in School: \_\_\_\_\_

2009-10 School you will attend: \_\_\_\_\_

Offensive Position: QB RB REC LINE

Defensive Position: LB DE DB LINE

\$50.00 check payable to:  
Braves Football

Kickers Camp: YES NO  
(Circle yes if interested)